

UConn Program in Applied Public Health Sciences Intentional Action Documentation

Date _____

Student Name _____

Empl.ID _____

Degree sought:

MPH

MD/MPH

DMD/MPH

JD/MPH

MSW/MPH

PharmD/MPH

In addition to program requirements associated with the Applied Practice Experience (AKA, the Practicum), students must complete a minimum of 20 hours of intentional action that is engaged with the community (i.e., an approved external governmental or non-governmental service agency, small local business, community-based organization). The intentional actions can take place anytime between starting the program and March of graduating year. Action Hours are a critical pathway to gain integral dynamic experience(s), learning from individuals and entities of various cultures, backgrounds and needs. Moreover, such critical and intentional engagement and action boosts academic achievement, provides transformational experiences that engender a sense of social responsibility and prompts ongoing community involvement while developing the students' deeper sense of self.

To document your completion of this requirement, please list:

Location	Activity	Date(s)	Total hours

**Reflecting on any or all of the above, how were you affected by your experience(s) and what knowledge did you gain?
(250-500 words)**